

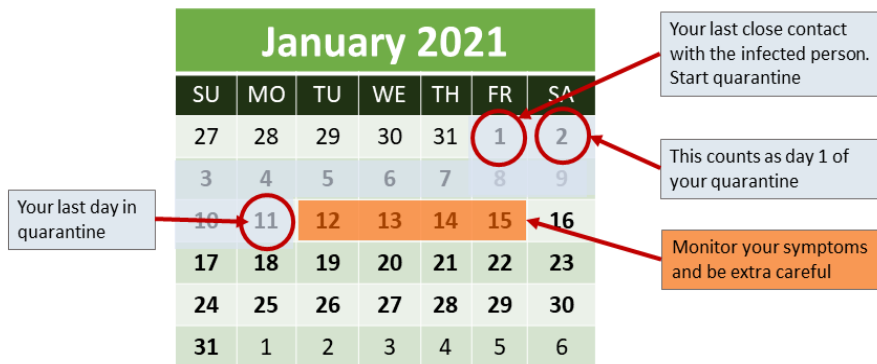
# QUICK REFERENCE GUIDE FOR PSD SCHOOL STAFF

## COVID-19 EXPOSURE & ISOLATION PROTOCOLS

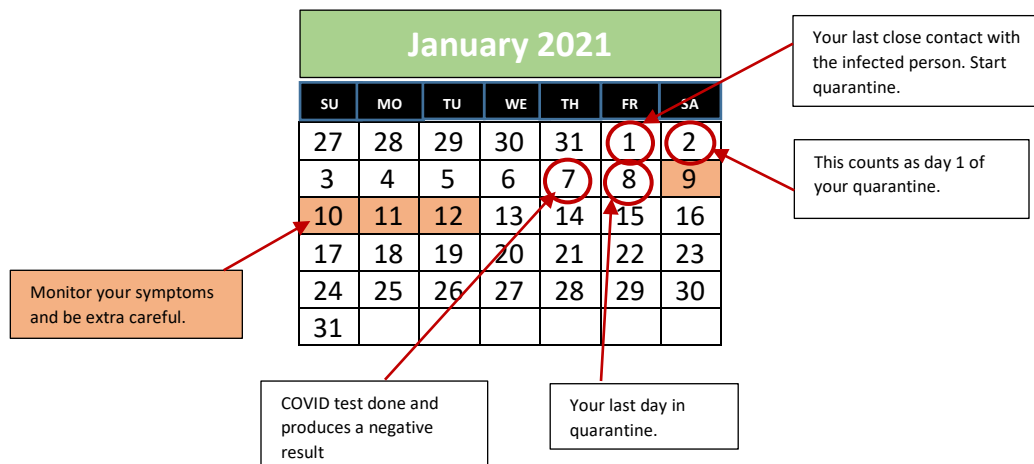
### WHEN A STUDENT IS EXPOSED AT SCHOOL

When a student is exposed to someone who has tested positive for COVID-19, the student will be sent home. Students can return to school under the following conditions:

- When a student remains asymptomatic, quarantine can end after Day 10 from the last date of exposure without testing. Example:



- Quarantine may end after Day 7 if the student remains asymptomatic, and if a diagnostic specimen is collected (student has a COVID test) after Day 5 from the date of last exposure, and the test is negative. Example:



## **WHEN A STUDENT TESTS POSITIVE**

In Los Angeles County, if a student or anyone tests positive for COVID-19 (positive diagnostic viral – swab or saliva – test, or confirmed by a healthcare provider) the student is required to stay home until:

- At least 10 days have passed since student's symptoms first started, and
- Student has no fever for at least 24 hours without the use of fever-reducing medicine, and
- Student's symptoms have improved.

If a student tested positive for COVID-19 without having any symptoms:

- Student must stay home for 10 days after the test was taken, but
- If symptoms develop, student needs to follow the instructions above.

## **WHEN A STUDENT HAS ONGOING EXPOSURE TO COVID-19 (Living with a parent or family member who is positive)**

A student is a close contact if they are exposed to someone who tested positive for COVID-19 while they were infectious if:

- They were within 6 feet of that person for a total of 15 minutes or more over a 24 hour period.
- They had unprotected contact with body fluids and/or secretions; for example they were coughed or sneezed on, or shared a drinking cup or eating utensils, or were cared for without the proper protective equipment being worn.

If the student can avoid close contact with an infectious family member, then their last day of quarantine is after 10 days from when the person with COVID-19 started to follow the home isolation instructions. However:

- If the student has close contact with them again while they are still in isolation, the student's 10 day quarantine period will have to restart from the last day that they had close contact.
- If the student cannot avoid close contact, the student's last day of quarantine is 10 days from the date that
- the person with COVID-19 was told their isolation ends.