

## Palmdale School District Interscholastic Athletics

### **Abbreviated Handbook of Regulations**

***(all rules fall under CIF guidelines unless stated here or by district administration)***

Interscholastic athletics have a vital place in the total educational program when they are effectively planned, organized, administered, supervised, and evaluated. Through school athletics, many of the interests and needs of young people can be served better than through any other channel. For this reason, it is important that school administrators, teachers, students, parents, and community personnel determine what educational objectives seem most desirable and plan athletic programs in keeping with the overall purposes of the school program. These additions should be printed in handbook format and provided to all member schools to ensure compliance and fairness. Underlying every phase of the athletic program should be a primary concern for the athlete as a person, student, and a member of society. At all times, emphasis should be placed upon progressing levels of maturity both physical and emotional, upon integrity both personal and social, and upon responsibility, both for one's self and to all involved in the athletic program. Any play between organized teams or individuals from different schools is defined as an "interscholastic athletic contest" and shall be subject to all regulations pertaining to such contests.

#### **Eligibility**

The following forms will need to be signed and completed before participation:

1. Release of Liability/permission slip
2. Sports Physicals
3. Code of Ethics
4. Uniform Contract

In order to qualify for PSD public school participation, a student must meet the following requirements:

- The student must meet the residence criteria. The student may participate only at the school to which the student is assigned.
- A student shall not participate on a sixth, seventh or eighth grade team if the student becomes 15 years of age on or before August 31 of that school year.
- The student must receive a medical examination each year by a duly licensed physician, nurse practitioner, or physician assistant.
- The student must have a current GPA of 2.0 to participate based on most recent quarter progress report or semester report card grades. The grading period is that time when all students in a school are graded.

- Students must have liability packet complete by first practice.
- Student participation in athletic contests is a privilege. Student-athletes, are expected to conduct themselves in an exemplary manner at all times. A school administrator may deem a student ineligible if he/she feels a student's behavior is not appropriate on or off the field of play.
- Students must have been in school for the day of the athletic competition. This may be waived by a note from school principal.
- Students may not participate if suspended on day of competition or during suspension period.
- Students may only play on the grade level that they are currently in.

### **Penalty for an Ejection**

Any athlete, coach, or school official in grades 6-8 who is ejected from any athletic contest shall be penalized as follows:

1. for the first offense, the person shall be reprimanded and suspended for the next game at the level of play.
2. for a second offense, the person shall be placed on probation and suspended for the next two games at that level of play.
3. for a third offense, the person shall be suspended for one calendar year.
4. A coach who is suspended at any level may not coach in any other grade level during the period of suspension.

### **Make-up Games: TBD**

### **Officiating**

1. Complaints about officiating are to be filed with the booking agent\_\_\_\_\_ making the assignment.
2. Under no circumstances shall a game be played when officials are taken from the audience of spectators or from school personnel.

If a game needs to be cancelled for any reason it is the responsibility of the coach to call the assignor, the other coach and notify both schools.

\*This is a living document. Rule and policies may be added at any time.

**Appeals:** None at this time

**Resources:**

<https://www.nfhslearn.com/>

[https://www.nchsaa.org/sites/default/files/attachments/Health%26Safety\\_0.pdf](https://www.nchsaa.org/sites/default/files/attachments/Health%26Safety_0.pdf)

<https://cifss.org/resources/blue-book-contents/>